

Nationally Recognized Health Care Leader To Keynote 8th Annual Research Symposium



Among the certainties in health care is the constant pace and intensity of *change*. Lurking in the background are unrecognized "disruptors" that can impact future health care delivery.

The [AMCP Foundation's 8th Annual Research Symposium](#), to be held on Oct. 22 prior to AMCP Nexus 2018 in Orlando, Fla., will identify the biggest changes and potential disruptors facing health care today. The Symposium will present new findings from the [Foundation's ongoing research initiative](#), benchmarking the health services landscape around managed care pharmacy. Speakers and attendees will focus on emerging trends related to drug pricing and spending; innovative and curative therapies; health coverage; big data and health IT; industry consolidation; and health care public policy.

Presenters are expected to identify programs to address the anticipated changes, as well as describe the status of implementation and consequences of inaction by stakeholders, including policy makers, employers, patient and consumer groups, physician groups, hospital systems, IDNs and ACOs, health plans and PBMs.

Setting the stage as keynote speaker to help attendees cut through the maze of issues is **Dr. Reed V. Tuckson**. Dr. Tuckson has been [appointed to leadership roles](#) at the National Institutes of Health, the National Academy of Medicine, as well as numerous Federal Advisory Committees and Academic Boards.

Dr. Reed is Managing Director of Tuckson Health Connections, which focuses on initiatives that support optimal health and wellbeing through the intersection of individual and community health promotion and disease prevention; applied data and analytics; and the application of telehealth and biotech innovations. Previously, he enjoyed a long tenure as Executive Vice President and Chief of Medical Affairs for UnitedHealth Group. Dr. Reed has been recognized several times by *Modern Healthcare Magazine* as one of the "50 Most Powerful Physician Executives" in health care.

[Learn more and register.](#)



Making a Difference in Orlando

Your AMCP Foundation makes a difference! Join the AMCP Foundation and our community partner, [Volunteers for Community Impact](#), in supporting low-income children and foster grandparents in the local Orlando area.

AMCP members such as **Rob Kilo** of Biogen are integral to the success of the sock collection. With your help, we can beat the number of socks collected at AMCP's 2018 Annual Meeting, where 1,118 pairs of socks were donated. Start donating socks through our [Amazon Wish List](#). Simply add socks to your Amazon cart and choose Volunteers for Community Impact at checkout. All socks donated through the wish list will go directly to Volunteers for Community Impact.

Don't forget: Shop to Give! Select AMCP Foundation as your charity on [smile.amazon.com](#) and Amazon will donate a portion of the purchase price to the AMCP Foundation.

"If you want to touch the future, touch a life." – Author Unknown



Advice from AMCP Foundation President for New Practitioners

So — after what seems like one year short of forever — involving study, sweat and tears, you've finally realized your dream: you've graduated as a real-life health care professional. *Now what?* One might imagine that, after devoting more than 50 years to my career as a physician, I would have figured out a clear answer to that question. Alas, no! [Read more.](#)



Coming Soon: Info on P&T Competition

Calling all AMCP Student Pharmacist members! In the coming weeks, we will launch the 2019 P&T Competition registration site and announce the drug under study. Valuable resources will be available, so make sure you [bookmark and check back often for updates.](#)

The Competition gives students an opportunity to



Part I: Summer Intern Experiences

The AMCP Foundation was proud to once again to partner with Allergan Plc in sponsoring the Specialized Summer Internship Program in Health Outcomes. The internship offers an opportunity for two student pharmacists to explore career options in health outcomes and pharmacoconomics through exposure to research,



Trustee Spotlight: Matthew W. Hurlburt

The AMCP Foundation Board of Trustees is comprised of national health care thought leaders. This issue of our quarterly newsletter spotlights

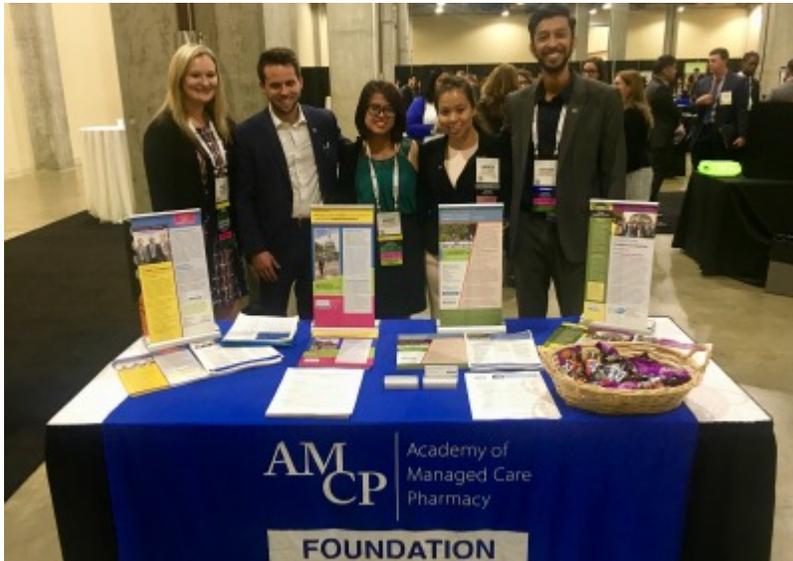
hone critical analysis, presentation and research skills. It also allows them to see different processes that can be used in effective formulary management, and provides exposure to AMCP's *Format for Formulary Submissions*. Is your company interested in supporting this immersive educational experience? [Contact us.](#)

measurement and applications to evidence-based decision-making. The students completed health outcomes-related projects, which they will present as posters at [AMCP Nexus 2018](#). In this newsletter, we share their stories. Upcoming issues will share stories from the Foundation's Pfizer and Genentech interns. [Read more.](#)

Trustee **Matthew W. Hurlburt, MHA**, who is Access Transformation Lead, Pfizer Innovative Health at Pfizer, Inc.

How long have you been in the pharmaceutical industry? 26

years. Interestingly, I worked in a family-operated drug store in a small town in Wisconsin while I was in high school – but I did not count those years. [Read more.](#)



Student Pharmacist Activities @ Nexus 2018

AMCP Nexus 2018 has great networking opportunities for student pharmacists. The AMCP Foundation joins AMCP in adding benefits to the student attendee experience. Mark your calendars for these exciting events just for students:

[Student Pharmacist Connect](#)

Tuesday, Oct. 23, 11:30am-12:30pm

[Trivia Night/Student Pharmacist and New Practitioner Networking Reception](#)

Tuesday, October 23, 6:30pm-8pm

Student pharmacist attendees who donate \$19.90 or more through the AMCP Foundation's 1990 Club will receive one complimentary beverage ticket. [Learn more](#) and [donate now](#). Cash bar available.

[21st Annual AMCP Managed Care Pharmacy Residency and Fellowship Showcase](#)

Wednesday, Oct, 24, 5pm-8pm

Featuring 2019 AMCP Foundation Internships.

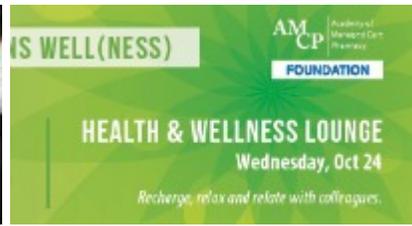
(image: 2017 Residency and Fellowship showcase)



Sunrise Yoga

Breathe. Stretch. Focus. Sunrise Yoga will prepare you with mind-focusing movements and strength building poses before daily activities begin at [AMCP Nexus](#). [Registration is open](#) for two yoga sessions (Tuesday, Wednesday). Sleep is an important part of wellness, so our popular [Sleep-In for Wellness](#) fundraiser is offered at all AMCP Meetings. All Yogis and Sleep-in Donors will receive an AMCP Foundation Means Well(ness) T-shirt.

Mark Your Calendar: The 6th Annual 5K for the Future takes place at the AMCP Annual Meeting, March 25-28, 2019, in San Diego!



Consider Giving Time @ Nexus 2018

There's never a shortage of ways to give back to your AMCP Foundation. Someone once said "Help one another. There's no time like the present, and no present like the time." Show your support and assist fellow attendees at the Foundation Kiosk or mentor a poster presenter. Consider:

- [Kiosk Volunteer](#)
- [Poster Mentors](#)

More [volunteer](#) opportunities!

Visit Our Health & Wellness Lounge

Your AMCP Foundation Means Well(ness) and we're coming up with ways to keep you healthy on the road. The AMCP Foundation Health and Wellness Lounge is open to all AMCP Nexus 2018 attendees on Wednesday, Oct. 24, 9-5pm. Relaxing activities, beverages, snacks, and information on your well-being will be available. Check your blood pressure and grab a smoothie during the Health and Wellness Lounge Happy Hour from 3-5pm.

Partner to Promote Health & Wellness

Since the inaugural [5K for the Future](#) in April 2014, the AMCP Foundation has grown our wellness events with [Sunrise Yoga](#), [Sleep-In for Wellness](#) and now the Health & Wellness Lounge. The Foundation Means Well(ness) and is invested in helping attendees stay healthy through physical activity at our Meetings. Companies can support these activities through partnerships. Sponsor recognition can be customized! Contact [Ebony Clay](#) for details and explore opportunities available at the upcoming [Nexus](#) and [Annual Meeting 2019](#). [Read more.](#)



CONSUMERISM is the thread that binds four trends integral to AMCP Foundation's landmark report: [Top 10 Emerging Health-Care Trends](#). Patient empowerment is a critical component for the success of health care consumerism, and it plays an important role in increasing Patient Cost Sharing, Migration to a Value-Oriented Marketplace, The Role of Technology in Patient Engagement, and Health Care Everywhere. Empowered patients may be more adherent to treatment, and

data) may result in the use of low-value care, and thus higher overall expenditures. Patients are actively seeking this information, and thus empowerment. They want to be a part of the medical decision-making process. Indeed, [shared decision-making](#) is directly related to patient empowerment. One [study revealed](#) that hospitalized patients with chronic diseases want to be included in their health care discussions, such

Emerging Trends Update: The Patient's Paramount Place

The AMCP Foundation is pleased to present [The Patient's Paramount Place: Emphasis on Empowerment, Engagement, Experience](#), the third in a series of articles bridging the predictions from our [Emerging Trends](#) body of knowledge to current health care realities. Refresh your knowledge about the increasing pressures placed by patients on health care systems and providers. [Read more.](#)



New Web Tools Available for Patients, Providers in IBD and MS

Your AMCP Foundation invites you to visit new websites that can help patients and providers gain knowledge in appropriate access to inflammatory bowel disease (IBD) and multiple sclerosis (MS) treatments. These web tools were developed by AMCP Foundation with PRIME Education and the Case Management Society of America. To access the sites, visit www.ibd.care and www.mys.care.

Thanks for Donating!



First-Time Donors, Thank You!

The AMCP Foundation welcomes new names to our growing donor list! We're glad that you recognize the importance of what we stand for, and we are grateful for your support. This is your first step to helping us advance the quality and affordability of our health care system. The following individuals donated for the first time between June 13, 2018 and September 11, 2018. [Read more.](#)

Aligning Tomorrow's Pathways Today

The theme for AMCP Nexus 2018 is "Preparing for the Next Generation of Care," and the Foundation is equipped to help you plan for your future. The Foundation's newsletter [Aligning Tomorrow's Pathways](#) provides resources to do just that. Learn about beneficiary designations and other charitable gifts. Featured tools include a gift illustrator, personal estate planning kit. [Begin your giving journey.](#)

Working to Improve Lives in Communities

With the help of funding partners Alkermes and Johnson & Johnson, we recently delivered T-shirts to Cornerstones – Hope for Tomorrow Today, in Reston, Va. AMCP and the Foundation are always looking to help the less fortunate. Help us continue the tradition with the [AMCP Foundation Sock Collection](#) in Orlando. Shop to Give! Select us on smile.amazon.com, and Amazon will donate 0.5% of the purchase price.